

# 5

## Questions to Ask About My **Multiple Medications**

to help make decisions together with my doctor,  
nurse practitioner, or pharmacist



**What is the purpose of each of  
my medications?**

**Could I be experiencing any side  
effects or drug interactions?**

**Could lifestyle changes also  
improve my well-being?**

**Are all my medications needed?**

**What other information should  
I know about my medications?**

**Taking multiple  
medications  
usually means  
taking 5 or more  
medications**

For more  
information about  
the 5 Questions:



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